

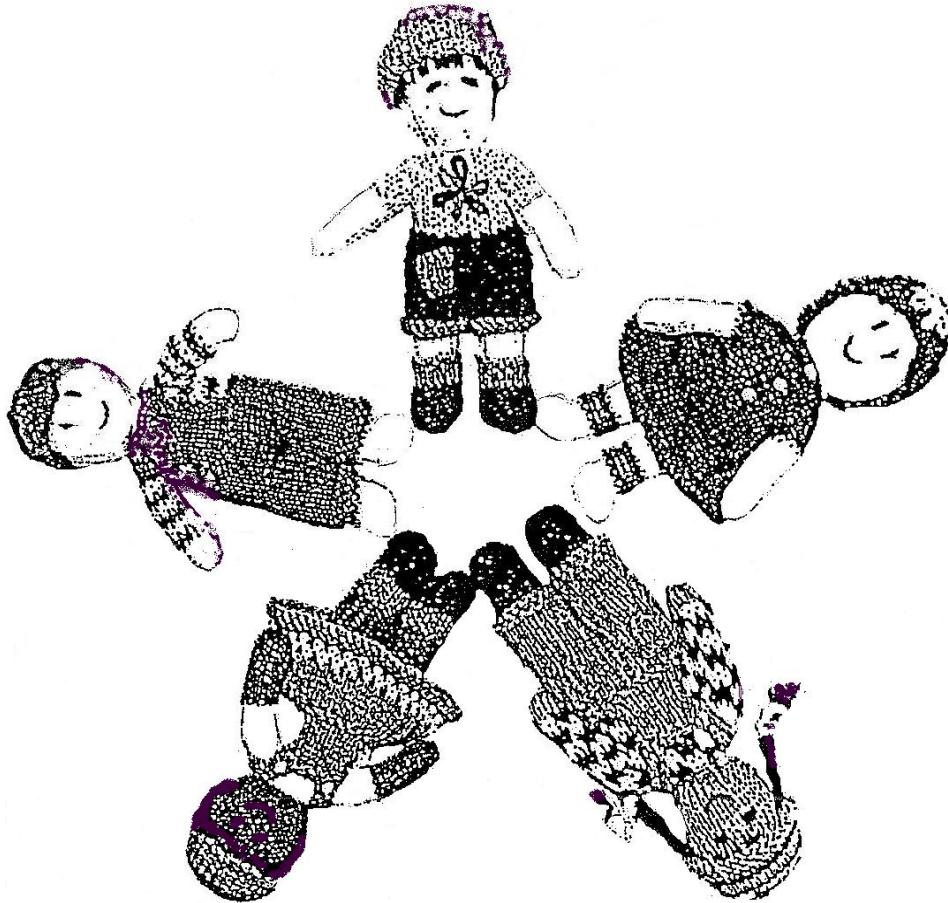
Worry Buddies (Dolls)

Bag a bunch of tiny dolls that any child will love.

These buddies are easy for big hands to make and little hands to hold.

Just one of these buddies can be a friendly companion for any child, and any worries can be confided to these little buddies and tucked into their own knitted (OR sewn) bag where the worries can be slept on and gone by morning.

They are quick to knit and a wonderful way to use up scraps of yarn,



DESIGNER TIPS

- Use shorter needles for buddies and clothing.
- Choose your own colours- - pattern differentiates colour areas only.
- From the bottom up, legs, torso, and head are worked in one piece. Arms are knitted separately and sewn on after stuffing is completed. Use small amounts of stuffing and push into place using the eraser end of a pencil.
- Bag is worked in vertical rows OR bags can be sewn.

YOU NEED:

Small amounts of sport-weight yarn in white and desired colours for Clothing, hair and skin.

PAIR OF 3.75mm needles - ---PAIR OF 3.25mm needles - Or whatever size to produce the following tension.

TENSION: – 22 sts and 44 rows=10cm (4”) in garter stitch using larger needles and 25 sts and 36 rows=10cm in stocking stitch- smaller.

Polyester stuffing, stitch holder and tapestry needle.

TO MAKE THE BODY

LEGS:

* With shoe colour, cast on 8 stitches for right leg.
Knit one row.
Next row (right side): K2 into each stitch to end of row, 16 stitches now on needle.
Beg. With a K row, work 4 rows stocking stitch.*
Next row: K4 [j2 tog] 3 times, K6. 13 stitches now on needle.
**Next row: Purl.
Change to sock colour. Beg. With a K row, work 4 rows st. st.
Next row (right side: Purl.
Change to skin colour. Beg. With a P row, work 11 rows st.st., thus ending with right side facing for the next row.**
Break yarn, slip stitches onto stitch holder.
Work L leg from *to* as given for body R leg.
Next row; K6 (K2tog) 3 times, K4, 13 stitches row on needle.
Work from **to ** as given for body right leg. Break yarn.

TORSO:

Change to white. Knit 13 stitches of left leg, then knit 13 stitches from stitches holder.
26 sts now on needle. Beg. With a P row, work 7 rows st.st. thus ending with right side facing for next row.
Change to shirt colour(s) and work 10 rows st.st.
Next row: (shoulder shaping): K5 [K2tog] twice K8 [k2tog] twice K5 (22 sts now)
Next row: (wrong side) Knit.

HEAD:

Change to skin colour. Beg. With a K row work 2 rows st.st.
Next row: [K2, k2 into next stitch] 7 times, K1, 29 sts now on needle.
Next row: Purl
Next row: K1, [K2tog] 9 times. 10 sts now on needle.
Break yarn, thread through stitches, pull tight; knot.

To Sew up body:

With wrong sides to inside, shape into cylinder so side edges of head and torso meet at the centre back and edges of each leg meet at inside. Beg. At shoe and stuffing firmly as you go, sew each leg seam, then up centre back to top of head.

ARM WITH SHORT SLEEVES

Make2: *With shirt colour(s) cast on 4 sts.
Row 1 (right side): K2 into first st. k to last 2 sts, K2 into next st., K1
Row 2: Purl.
Rep. These 2 rows 2 times more, thus ending with right side facing for next row, 10 sts now on needle.*
Next: Knit 2 rows.
Change to skin colour. Beg. With a K row, work 12 rows st.st.
Next: [K2tog] to end of row. 5 sts now on needle.
Break yarn, thread through sts. Pull tight; knot.

ARM WITH LONG SLEEVES

Make 2: Work from *to* as give for short sleeve.
Continue with shirt colours, working 10 rows st.st.
Change to skin colour. Work 4 rows st.st.
Next: [K2tog] to end of row. 5 sts now on needle.
Finish as other arm.

With wrong sides to inside, shape into cylinder so long edges meet. Beg. At hand and stuffing firmly as you go, sew no arm to bottom increase row. With seam towards body and outside top at shoulder, st. open arm end to torso, adding extra stuffing to joint. Weave matching yarn twice around neck above shirt—pull tight, gather & knot.

FACE:

Thread tapestry needle with eye colour. Push through back of head and out at eye position (halfway up face, 1 to 1 ½ rows from centre front.)
Stitch horizontally over 3 rows or vertically over 1-1 ½ sts. Repeat as nec.. Then push needle out at other eye position. Stitch eye. Push needle out back of head and knot. Thread tapestry needle with mouth colour. Push through back of head and out 2 rows below centre of 1 eye. Push back into head 2 rows below centre of other eye and out at mid-point of stitch, 2 rows below. Take tiny stitch over first stitch to anchor it in place and shape smile, then push needle out back of head and knot.

TO MAKE THE CLOTHING

SKIRT:

Cast on 60 STS. Knit 1 row, Beg. With a K row, work 12 rows st.st., thus ending with right side facing for next row.

Next row: [Knit 2tog) to end of row. 30 sts on needle.

Cast off. With wrong sides to inside, shape into cylinder so side edges meet at centre back. Sew up centre back. Put on doll, stitch waist to shirt hem.

FAIR ISLE BIBBED SHIRT:

Work from *to* as given for skirt. Next row; (right side) knit. Next row Purl.

Next row: [with shirt colour, K1; with contrast colour K1] to end of row.

Next row: With contrast colour, purl to the end of row.

Next row: [with contrast colour, K1; with skirt colour K1] to end of row.

With skirt colour and beg. With a P row, work 7 rows st.st.

Next row: [K2tog] to end of row. 30 sts now on needle.

Work from *to* as given for overalls bib, sewing up centre back of skirt before putting on. Make straps and sew on skirt as given above.

PEAKED CAP:

*Cast on 3 sts

Row 1. (Right side); K2 into each of first 2 sts., K1

Row 2. K2 into first st. P2, K2 into next st, K1

Row 3. K2 into first st. K4, K2 into next st, K1

Row 4. K2 into first st, P6, K2 into next st, K1. Now 11 sts on needle.

Row 5. Knit

Row 6. K1, P9, K1*

Row 7. Cast on 11 sts. Knit across rows, cast on 11 sts. Now 33 sts on needle.

Row 8. (Wrong side); Knit **

Beg. With a K row, work 8 rows st.st., thus ending with right side facing for next row.

Next row: [K1, K2 tog.] to end of row. Now 22 sts on needle

Next row: Purl.

Next: [K2tog] to end of row. Now 11 sts on needle. Break yarn, thread through sts, pull tight; knot. Sew up centre back. **Stitch hat to head.

BASEBALL CAP:

Work from *to* as given for peaked cap. Rep. Rows 5 and 6 twice more. Cast on 11 sts, knit across row

Row, cast on 11 sts. Now 33 sts on needle.

Next Row: Purl.

Work from **to** as given for peaked cap. With 2 strands of contrasting colour, make French-knot button at tip. Stitch hat to head.

PANTS:

*Cast on 20 sts for right leg. Knit 1 row.

Beg. With a K row, work 12 rows sts. sts., thus ending with right side facing for next row.* Slip stitches onto holder.

Work L leg from *to* as given for pants R leg.

** Next row: Knit across 20 sts of left leg, then 20 sts from st holder. 40 sts on needle Beg. with a P row, work 10 rows st.st.

Next row: [P2,P2tog] to end of row. 30 sts now on needles.

Cast off. With wrong sides to inside, shape into cylinder so side edges meet at centre back and edges of each leg meet at inside. Beg. at bottom, sew each leg seam, then up centre back. Put on buddies, stitch waist to shirt hem. **

OVERALLS:

Work as given for pants; do not cast off.

*Next: Cast off 11 stitches, K8 and slip onto stitch holder (for bib), cast off 11 sts.

With wrong side facing, join yarn to 88 sts. on holder.

Next row: K1, P6, K1

Next row: Knit

Repeat these 2 rows 3 times more.

Next row: Knit. Cast off and but on buddy*

Strap (make 2) Cast on 22 sts. and cast off.

Sew each strap to one top corner of bib, working a French knot button through strap and bib. Cross at back, tuck under waist 6mm (1/4 in) from centre back on side, stitch, Stitch waist to shirt hem.

SHORTS:

*With cuff colour. Cast on 20 sts for R leg. Knit 1 row.

Change to shorts colour. Beg. with a K row, I work 4 rows st.st., thus ending with right side facing for next row. *Slip sts onto holder.

Work left leg from *to* as given for shorts right leg.
Work from **to** as given for pants.

back. Stitch hat to head. Turn up brim front:
tack to head.

WIDE-BRIMMED HAT:

Cast on 33 sts. Work from **to** as given for peaked cap. Fasten off.
Cast on 7 sts for brim. Work 65 rows in garter stitch.
Cast off.
Sew one long edge of brim to bottom edge of hat, joining cast-on and cast-off rows at centre

TOQUE

Cast on 33 sts. Knit 6 rows st.st. Work as **to** as given for peaked cap. Sew up centre back, reversing seam at row 6 for brim. Stitch to head. Make pom-pom or any other decoration for top of toque.

DRESS THEM UP

- For striped shirts, sweaters and hats, knit 2 rows each of different colours, or one row each of 3 different colours, or use variegated wool.
- For checked shirt or sweaters, work 2 colours into alternating checks, 2 sts wide and 2 rows high.
- Stitch lazy-daisy flowers onto hat brims, bibs or short.
- Sew French-not buttons.
- Add pockets any where: Cast on 4 sts, work 5 rows st st and cast off knitwise.
- Sew pocket to clothing with open cast-off edge at top.
- Make and sew all hats before stitching hair, with one exception: make braids, then sew to heat before hat so top ends are hidden underneath. Hand-stitch bangs and hair below hats, using stem or satin stitches.

BAG TO CARRY BUDDY

KNITTED BAG:

Cast on 98 sts. Work 5 rows garter stitch.
Next row: K8, yf, K2tog, K to last 10 sts, K2tog, yf, K to end of row.*
Repeat from *to* as given for bag, in random striped, until work measures 12.5 cm (5 inc). Knit 2 rows. Cast off.
Fold in half so eyelets are at top edge; sew side edges are together. With 3 strands, make a twisted cord. Thread through eyelets, knot and trim ends.

SEWN BAG:

The final size should be approximately 12" high by 9" wide, with inner French seams or surged to prevent fraying and a drawstring 1.5-2" from the top. The dolls vary a bit in size depending on the size of wool used so the bags can vary in size a bit too.

